

Top 10 Tips for Parents

- 1** Find your local club and register your child for the upcoming season at www.playfootball.com.au. If you need support to do this email: hello@footballfutures.org.au or go to <http://footballforall.info>.
- 2** Contact your club and ask to speak to the team coach, club president or a committee member about how they can support your child
- 3** Complete an 'About Me' profile with your child to give to the team coach
- 4** Let the coach know how much information you would like them to share with other team members or coaches about your child's needs
- 5** Visit Football for all's Online Resource Hub <http://footballforall.info> for short videos on teaching football skills that you can use to help your child practice
- 6** Think about how you can set up opportunities to practice skills at home
- 7** On training and game days take any calming activities or fidget toys that help your child when they need to take a break
- 8** Practice putting on the equipment and clothing required to play football. Getting your child used to putting on shin pads and boots at home will make it easier on game day.
- 9** Even if your child does not want to play football, they can still take part in other ways such as preparing the equipment, setting up pitch, laying out uniforms, preparing team sheets. Contact your club to discuss this.
- 10** More information is available at <http://footballforall.info> as well as Autism Association of WA website www.autism.org.au

**Football
for all.**