

THE INCLUSION SPECTRUM

Inclusion of people with disability is about providing a wide range of choices to cater for people of all ages, abilities, and backgrounds in the most appropriate manner possible. Inclusion encompasses a broad range of choices in many different settings.

The Inclusion Spectrum is a tool that can be used to identify the range of choices that could be possible for people with disability.



- **No modifications:** an athlete with an intellectual disability may train at a local swimming club with mainstream athlete
- **Minor modification:** a vision impaired tenpin bowler may use a rail for support
- **Major modifications:** seated shot-putter competes with separate rules using modified equipment in an integrated competition
- **Primarily for people with disability:** Wheelchair basketball team competing with both seated athletes and able-bodied peers
- **Only for people with disability:** goalball players playing in a state tournament
- **Non-playing role:** people with disability volunteering at the canteen or coaching a team

The aim of the tool is to demonstrate the range of choices that clubs can make available for people with disability through adapting and modifying their sport in different environments.